



# ADHD SCHOOL PLANNER



**This Book Belongs To**

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# Physical Activity Log

Task	S	M	T	W	T	F	S
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Notes

# My Timetable

Week:

Month:

Time	Monday	Tuesday

# My Timetable

Week:

Month:

Wednesday

Thursday

Friday

# Daily Schedule

Date:

Time	Activities

# Daily Planner

Date:

## To Do List


## Mood

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## Daily Goals


## Reminders


## Notes


# Sunday

## Things To Do


## Top Priority


## Reminders


## Notes




# Monday

## Things To Do


## Top Priority


## Reminders


## Notes


# Tuesday

## Things To Do


## Top Priority


## Reminders


## Notes


# Wednesday

## Things To Do


## Top Priority


## Reminders


## Notes


# Thursday

**Things To Do**


**Top Priority**


**Reminders**


**Notes**


# Friday

## Things To Do


## Top Priority


## Reminders


## Notes


# Saturday

**Things To Do**


**Top Priority**


**Reminders**


**Notes**


# Weekly Planner

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Notes :

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# Monthly Planner

Month:

Year:

Monday

Tuesday

Wednesday

Thursday




# Monthly Planner

Month:

Year:

Friday

Saturday

Sunday

Notes


# Yearly Planner

**January**

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**February**

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**March**

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**April**

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**May**

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**June**

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**July**

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**August**

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**September**

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**October**

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**November**

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**December**

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# January

## Monthly Goals



## Events

## Notes

# February

## Monthly Goals



## Events

## Notes

# March

## Monthly Goals



## Events

## Notes

# April

## Monthly Goals






## Events

## Notes

# May

## Monthly Goals

## Events


## Notes


# June

## Monthly Goals



## Events

## Notes



# July

## Monthly Goals



## Events

## Notes

# August

## Monthly Goals



## Events

## Notes

# September

## Monthly Goals



## Events

## Notes

# October

## Monthly Goals






## Events

## Notes

# November

## Monthly Goals

## Events


## Notes


# December

## Monthly Goals



## Events

## Notes

[illegible]

# Morning Checklist




# Evening Checklist

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# To Do List

[illegible]

# My Bucket List

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# School To Do List

Name:

Class:


## Assessment


## Today's Homework


# Lesson Plan

Lesson Topic	Subject
	Class
	Grade
Learning Objects	Motorial
Activity Summary	
Homework Task	Assignment

# Assignment Tracker

Topic

Due:

Date:

Objectives

Resources

☐

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Ideas

Progress

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#

Action Step

Due

Done

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# Grade Tracker

[illegible]

# Library Tracker

Title & Author	Due Date	Returned



# Books Tracker

Title & Author	Lent & Borrowed ?	Name	Returned

## Notes

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# Books List

Title & Author	Subject	Resource

## Notes

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# Book Review

Book Title	Author

Page Length \_\_\_\_\_

☐ Fiction

☐ Non-Fiction

Genres	Reading Status
<hr/> <hr/> <hr/> <hr/>	Date Started <hr/> Date Finished <hr/>

The Book in one  
Sentence

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Rating



My favorite quote

Review

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# Books I Want To Read

Title	Author

# Study Task List

Subject



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Subject



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Subject



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Subject



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Subject



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Subject



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# Homework Tracker

Month:

Week:

Monday

Tuesday

Wednesday

Thursday

Friday


# Goal Tracker

Yearly Goals	Jan	Feb	Mar	Apr	May	Jun

# Goal Tracker

Yearly Goals	Jul	Aug	Sep	Oct	Nov	Dec



# Cleaning Task

**Bathroom**

**Kitchen**

**Living Room**

**Bedroom**

**Hallway**

**Others**

# Cleaning Task List

[illegible]

# Daily Mood Tracker

Date:

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Mood

Time


# Favourite Quotes

"       "	"       "
"       "	"       "
"       "	"       "
"       "	"       "
"       "	"       "
"       "	"       "
"       "	"       "

[illegible]

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## This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



[illegible]